



Flathead County Agency on Aging  
**NEWSLETTER**

Fall 2020

tel. 406-758-5730

web: [www.flathead.mt.gov/aging](http://www.flathead.mt.gov/aging)

# Medicare Open Enrollment

October 15 - December 7

**CALL FOR A PHONE APPOINTMENT 758-5730**

During Medicare Open Enrollment each fall, you can change your Prescription Drug Plan (Part D) or join a Medicare Advantage plan.

This year's appointments will be carried out quite differently from other years. Our offices are not open for in person appointments, *BUT* we have a plan in place to make sure that we can serve you and provide you with plan comparisons.

We encourage you to call us soon to request a *plan review packet*. We ask you to complete the forms and mail back so that we can schedule a phone appointment. With the information you send, we can do some work ahead of time to help make the phone appointment go smoothly.

Please call 758-5730 and we will be happy to get you started.



*Introducing*

## Trualta Caregiver Support

We are pleased to offer a new online learning platform that we feel will improve confidence, reduce stress and prevent burn-out for caregivers. **Trualta** is easy to use; all you will need to start is a computer, tablet or smart phone. You get to choose what you learn and there is no limit on how many lessons you can access.

By using **Trualta**, you can learn caregiving and self-care skills how you want, when you want, and where you want. Options on how to learn include videos, audio, articles and printable pdfs.

Contact our office to register, 758-5730. Please let us know if you have questions or want more information.

**Medicare 101 Class/Information**  
View Online at  
[www.flathead.mt.gov/aging](http://www.flathead.mt.gov/aging)



## Eagle Transit

Due to the impact of COVID-19 on operational capacity, Eagle Transit has changed the way public transportation will be available. Please see details on the Eagle Transit website:

[flathead.mt.gov/eagle](http://flathead.mt.gov/eagle)



**1-800-551-3191**

### STOP FRAUD DURING OPEN ENROLLMENT

1. Medicare will never call or visit. Medicare will only send information via postal mail service.
2. Protect your Medicare number like you would a credit card.
3. Don't let someone push you into making a fast decision. Medicare Part D open enrollment is from Oct 15 to Dec 7.
4. If you receive a call about Medicare or from anyone requesting personal information, especially from a number you do not recognize, hang up immediately.
5. During the pandemic, you may need to discuss your Part D plan over the phone with a SHIP counselor. Always investigate calls to a known number when you need to provide personal information.
6. Call Montana SMP if you feel you've been the victim of Medicare waste, fraud or abuse.



Every stage of life has it challenges.  
We get it and we're here for you!!

## Flathead County Agency on Aging Benefits Enrollment Center



Get your free screening  
and be entered to win a  
**\$25 gift card!**

Call 758-5730

**Come  
Talk to us!**

We will explain the different programs that can help you with medical and prescription costs, insurance premiums and household expenses.



## Let us help you with your LIEAP application!

*Low Income Energy Assistance Program*

Call 758-5730

## VOLUNTEERS NEEDED

**Agency on Aging** is looking for people to become part of our volunteer team.

Position open: **Reception**

Please call **758-5730**

**Meals on Wheels** is such a *value* to our community of seniors especially during this time of pandemic.

Position open: **Driver**

Please call **758-5711**



Every stage of life has it challenges.  
We get it and we're here for you!!